

FY 2015 CHNA & HIP Progress Report

Franklin County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Maintain the percentage of Franklin County residents that are obese by 2015 to not more than 59% (source: Community Health Status Indicator Report 2008. (Based on local survey - 86% of respondents reported obesity as the number one health issue within the county.)	Identify key county stakeholders/leaders to be involved in reducing Franklin County resident obesity (those beyond current partnerships).	Current partners continue to collaborate in the community such as Senior Center, ABCM Corp, HD schools, Franklin Wellness Center, Franklin General Hospital. Our Wellness Coalition continues promote wellness activity in the county. The Coalition continues to meet every 1-2 months depending on wellness activities that are planned. We did have the Halloween health walk at Mayes Grove last fall.
	Work with county Conservation and community groups to distribute opportunities for recreation, physical fitness, and leisure opportunities in Franklin County.	Conservation continues to give seniors rides on the Rolling Prairie trail to enjoy for non ambulatory residents. 2015 our Wellness Coalition continues to promote the walking trail for walkers and bicycles. We really have a lot of residents use the walking trail
	Work with community partners to identify barriers to participating in community recreation, physical fitness, and leisure opportunities.	Time for partners continues is a barrier.
	Outline and implement a community plan for increasing community access to accurate nutrition and fitness information through schools, media, and workplaces.	Franklin Wellness center continues to work with the public awareness in different activities by offering day passes, using the indoor walking track, Zumba, classes, water aerobics and yoga classes
	Provide healthy behaviors educational sessions to the general public targeting physical fitness, nutrition, and chronic disease prevention.	Wellness Coalition on May 27, 2015 had a wellness fair with educational topics on wellness with vendors offering information to the public. Service vendors offered free screening such as Bone scans, BP, HBG and Balance testing. A nutritionist was also available

	Partner with local extension offices, schools, medical providers and WIC clinics to increase awareness of nutrition programs and resources in the county.	Education on Meals on wheels for seniors and frozen Moms meals, promoting WIC clinics, Extension offers education on nutrition and wellness also.
	Collaborate with local partners to research and obtain grant funding to target obesity, physical fitness, and nutrition behaviors in Franklin county.	Rolling Prairie Trail was funded by grant money and hopes are to connect trail to Butler Co. and Wright Co. Also looking into community Foundation Grants for future needs. The trail currently goes from Hampton out to Beeds Lake and on.